



# DOCTOR V

ELEVATING HEALTH, HAPPINESS, HUMAN POTENTIAL

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KIEN VUU, MD “DOCTOR V”

BRAND BOOK

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CONSULTED AND TREATED OVER  
100K+ PATIENTS AND CLIENTS

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THOUGHT LEADER & MEDIA PERSONALITY IN  
WELLNESS AND HUMAN POTENTIAL

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GLOBAL PIONEER PHYSICIAN  
IN LONGEVITY & PERFORMANCE MEDICINE

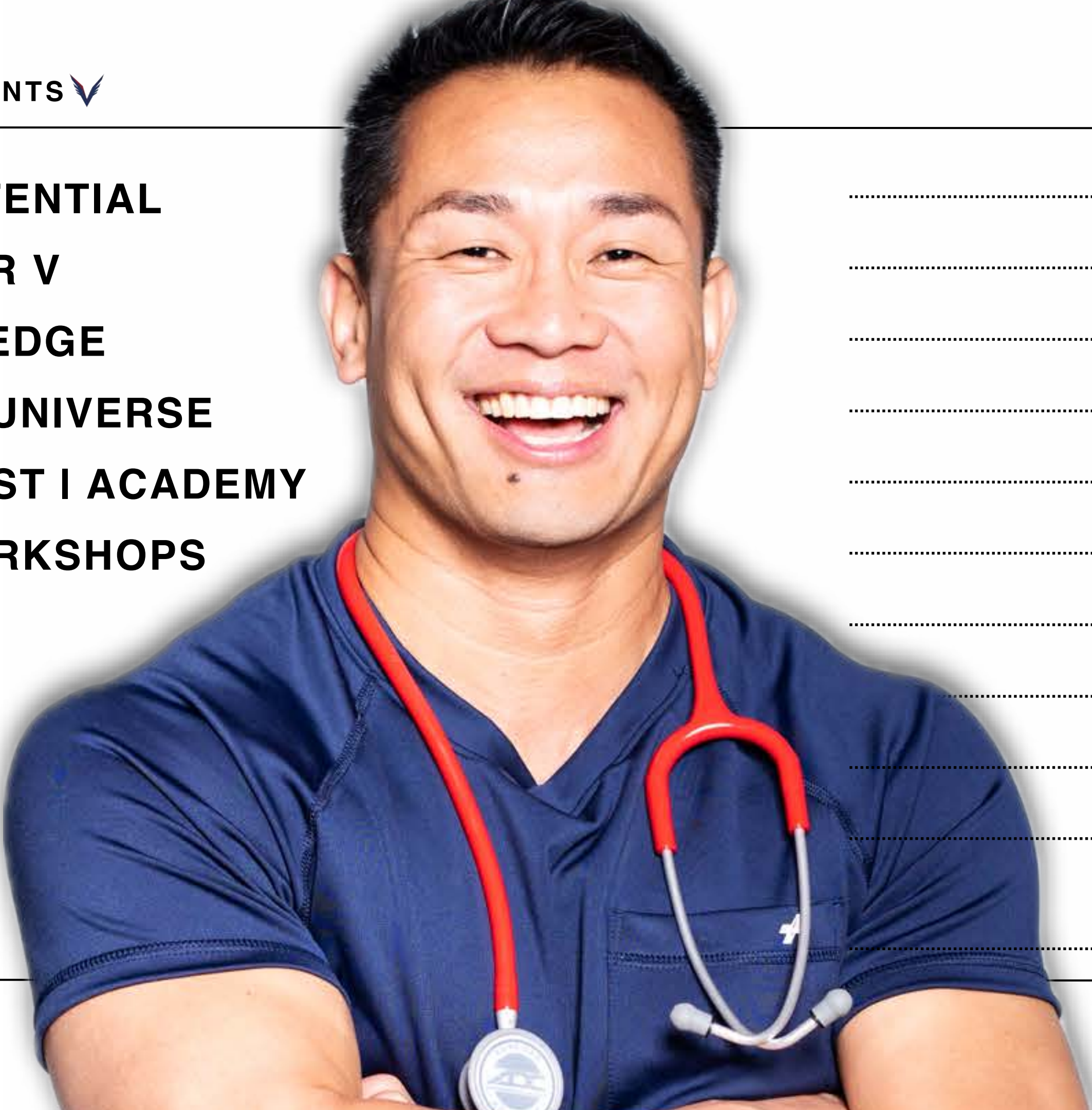
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[WHAT IS THRIVE STATE  
CLICK HERE](#)

[2024 SPEAKER REEL  
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**“In an era marked by unprecedented change and uncertainty, the greatest threat to humanity is our untapped human potential.”**

**Kien Vuu, MD (Doctor V)**





**Dr. Kien Vuu, known as "Doctor V," epitomizes a unique blend of charisma, resilience, and transformative influence in health and wellness. Rising from his roots as an infant boat refugee to become a renowned figure in performance and longevity medicine, Doctor V's story is a testament to human potential and the power of positive transformation.**

**With tenure at UCLA and the National Institutes of Health, he is a triple board-certified MD, a pioneer in blending the cutting-edge science of medicine with the ancient wisdom of spirituality. His charismatic and magnetic presence has made him a beloved figure, resonating deeply with a diverse audience, from professional athletes and executives to broader communities seeking healthful enlightenment.**

**Leading VuuMD Performance and Longevity, Doctor V crafts bespoke wellness strategies that transcend conventional boundaries. His innovative precision corporate wellness programs are tailored masterpieces, revolutionizing organizational health, boosting productivity, and fostering a sustainable well-being, vitality, and resilience culture.**

# DOCTOR V

**Doctor V's profound impact extends to the global stage as the bestselling author of "Thrive State" and the host of the popular Thrive State Podcast. His captivating interviews with esteemed guests like Mariel Hemingway, Vishen Lakhiani, and Jim Kwik underscore his vast network and influence, making him an ideal partner for impactful brand endorsements and partnerships.**

**With a natural flair for engaging storytelling and an extensive network of influential connections, Doctor V is not just a speaker or consultant; he is a visionary leader and a catalyst for change. His compelling keynotes, transformative workshops, and collaborative partnerships are not merely services – they are experiences that inspire, motivate, and ignite a journey toward optimal health, happiness, and human potential.**

*(Access Daily with Mario Lopez Pictured Above)*







Only 8% of the 1M+ physicians in the US hold a triple board-certification

Tenured and taught at the National Inst of Health, Howard Hughes Medical Inst, UCLA, & USC School of Medicine

One of few credentialed physicians with media training and a global media footprint (Netflix, Bravo, NBC, ABC, Oprah, the Doctors, Forbes)

Extensive global network of Health and Wellness Influencers & Brands (Mindbodygreen Collective, David Meltzer, David Asprey, Vishen Lakiani)

Translated lessons from the world's longest lived populations to epigenetic science that prove "How We Live Our Life is Medicine"

Lived the immigrant story and overcome chronic diseases to create the Thrive State





## THRIVE STATE 2ND EDITION BOOK

A cornerstone for anyone seeking to inspire transformative wellness and performance. Doctor V distills a wealth of knowledge into actionable insights, making it an essential guide for elevating individual and collective potential.

## THRIVE STATE PODCAST

An engaging platform where Doctor V converses with luminaries across health, wellness, and personal growth. It's an ideal medium for spreading impactful messages and connecting with an audience dedicated to transformation.

## THRIVE STATE COMMUNITY

A vibrant ecosystem where individuals and collectives converge to share their journey towards optimal health and potential. It's a dynamic space for fostering connections, exchanging insights, and cultivating mutual growth.

## THRIVE STATE ACADEMY

Imagine a university of well-being at your fingertips. It offers a vast collection of courses, tutorials, videos, notes, and ebooks, making it an unparalleled resource for anyone dedicated to mastering health, happiness, and human potential.

## KEYNOTES

Doctor V's Keynotes transcend ordinary presentations, offering audiences, from organizations to health enthusiasts, powerful narratives that inspire action, change, and a deeper engagement with health and wellness principles.

## IMMERSIONS + WORKSHOPS

Tailored to meet the specific needs of any audience, Doctor V's Immersions and Workshops provide a hands-on approach to energy mastery and connection. These sessions are transformative experiences designed to foster sustainable growth and collaboration.

## "MEDUTAINMENT"

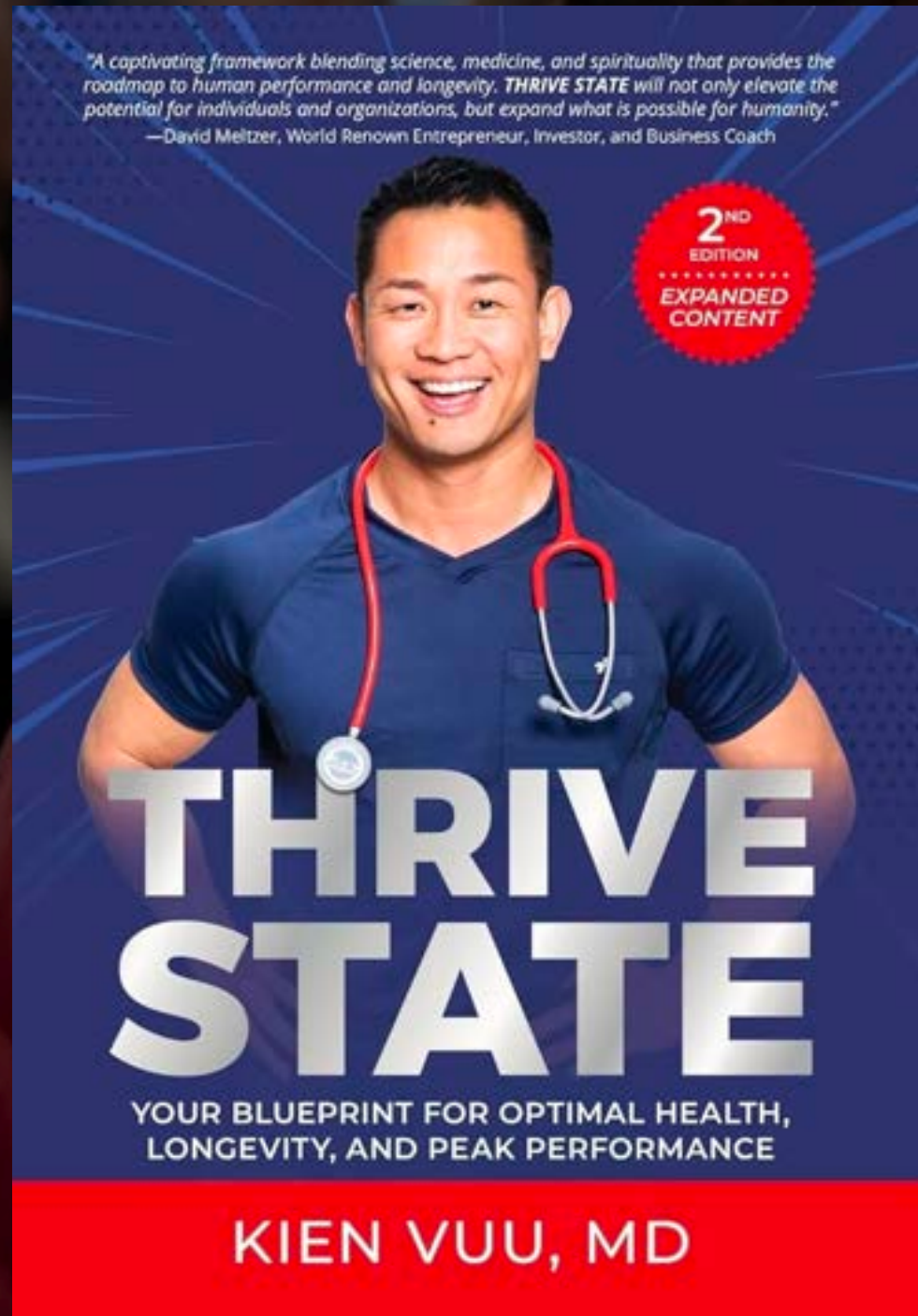
Doctor V blends medicine and entertainment seamlessly. From Netflix to Bravo, his infectious energy captivates audiences while providing expert medical insight, an approach broadening the appeal of complex health concepts, making them accessible and engaging to a diverse audience.

## STRATEGIC COLLABORATIONS

Endorsements and collaborations from Doctor V offer a unique opportunity to amplify your message by aligning with his credibility and expertise. These partnerships are about creating synergies that elevate both brands, drawing on Doctor V's media presence and holistic health insights







[LEARN MORE](#)

## #1 BEST-SELLER ON AMAZON

### 4.9 out of 5 Stars

**“A must read. Thrive State is an empowering framework that reminds us WE ARE OUR BEST MEDICINE.”** Keith Ferrazi (New York Times Bestselling Author of Never Eat Alone + Ex-Chief Marketing Officer at Deloitte).

Doctor V blends the Science of Longevity and the Art of Living along with his personal experiences as a medical doctor and his study of the world's longest-lived populations and highest-performing individuals to make the case that every individual has the power to activate the Thrive State. Plus, he shows how optimized human potential creates healthy, engaged, resilient, and thriving ecosystems of families, teams, communities, businesses, and organizations.





# The Thrive State Podcast | ★★★★★



The **THRIVE STATE PODCAST**, a 5-star rated, fun, and raw conversation with leaders in entertainment, business, sports, science, health, and literature - to explore the mindsets and habits of the world's highest achievers to learn their secrets to health, wealth, and success. Our viewers enjoyed conversations with billionaire entrepreneur Naveen Jain, business

icon David Meltzer, biohacker Dave Asprey, Tony Robbins's stage partner Joseph McClendon III, Celebrity Chef and Nutritionist Serena Poon, Transformational comedian Kyle Cease, host of the Doctor's TV show Ian Smith, MD and so much more.

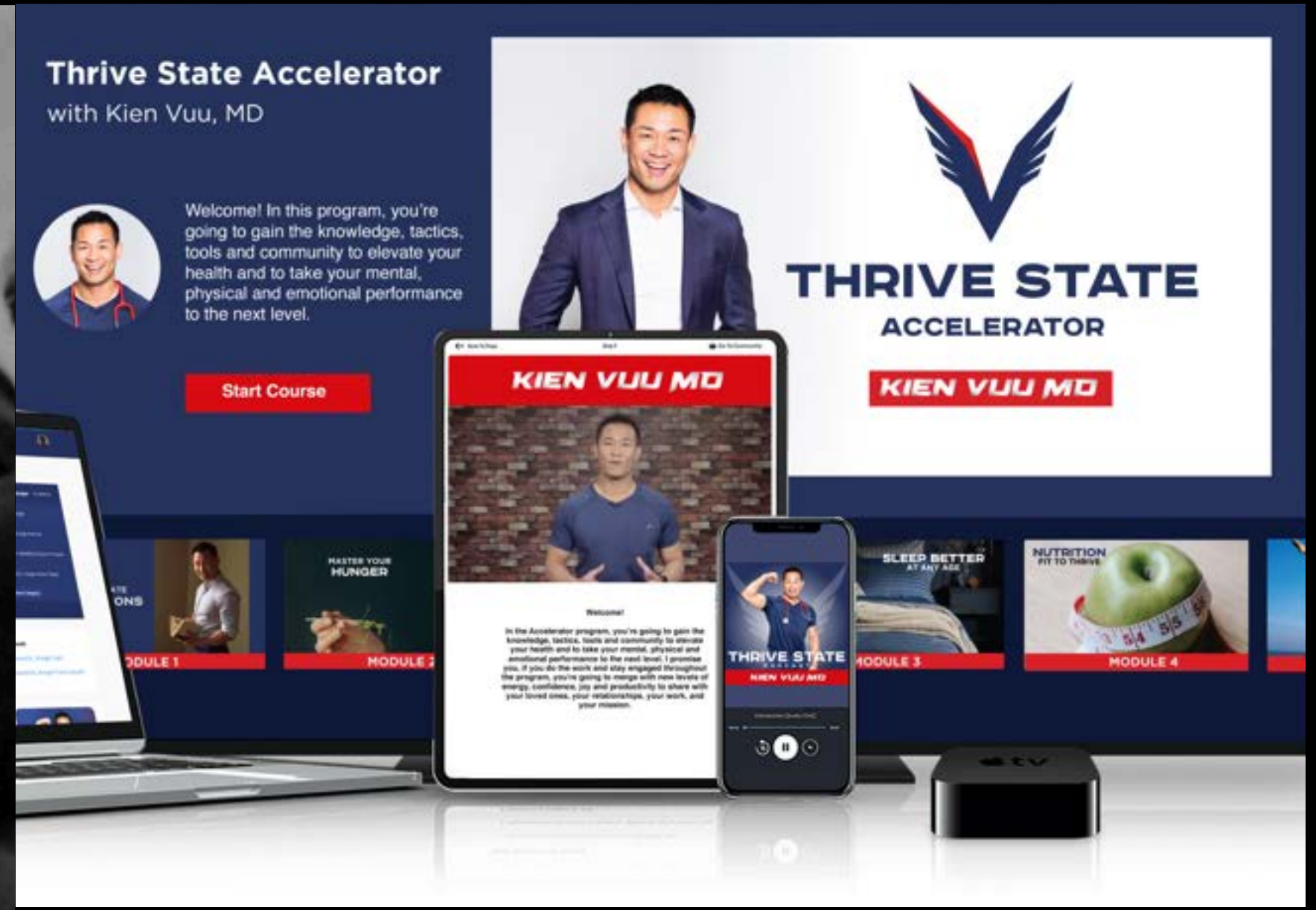
Interested in being a guest? Reach out for a podcast interview!

**PODCAST INTERVIEW**

**NOW STREAMING**







Far beyond a mere 'community,' we are your global accountability partners, spanning from local neighborhoods to distant corners of South Korea, the UK, and South Africa. United in our journey towards the Thrive State, our collective thrives on the pillars of belonging and inclusion, passionately supporting one another in activating our individual and collective Thrive States.

[FACEBOOK COMMUNITY](#)

Doctor V distills decades of expertise into Thrive State Academy, offering keynote presentations, lecture notes, ebooks, on-demand courses, and curated partner products. Continuously updated with the latest in health, happiness, and human potential, it's your gateway to transformative insights and strategies.

[TELL ME MORE](#)







**KEYNOTES + LECTURES**

Leading conversations at the 27th Annual World Congress, longevity events, and corporate keynotes targeting trending topics that impact our world.



**IMMERSION + WORKSHOPS**

Hired by global organizations to tackle organizational challenges with bespoke programming to not only feel good, but to tackle real problems with performance



**“MEDUTAINMENT”**

Media-trained and featured on the largest media outlets, Doctor V merges science and entertainment to help the world activate its untapped potential



**SPEAKER DECK  
CLICK HERE**



**WORKSHOP REEL  
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**BOOK DOCTOR V  
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**N** SERIES

# SQUID GAME

## THE CHALLENGE

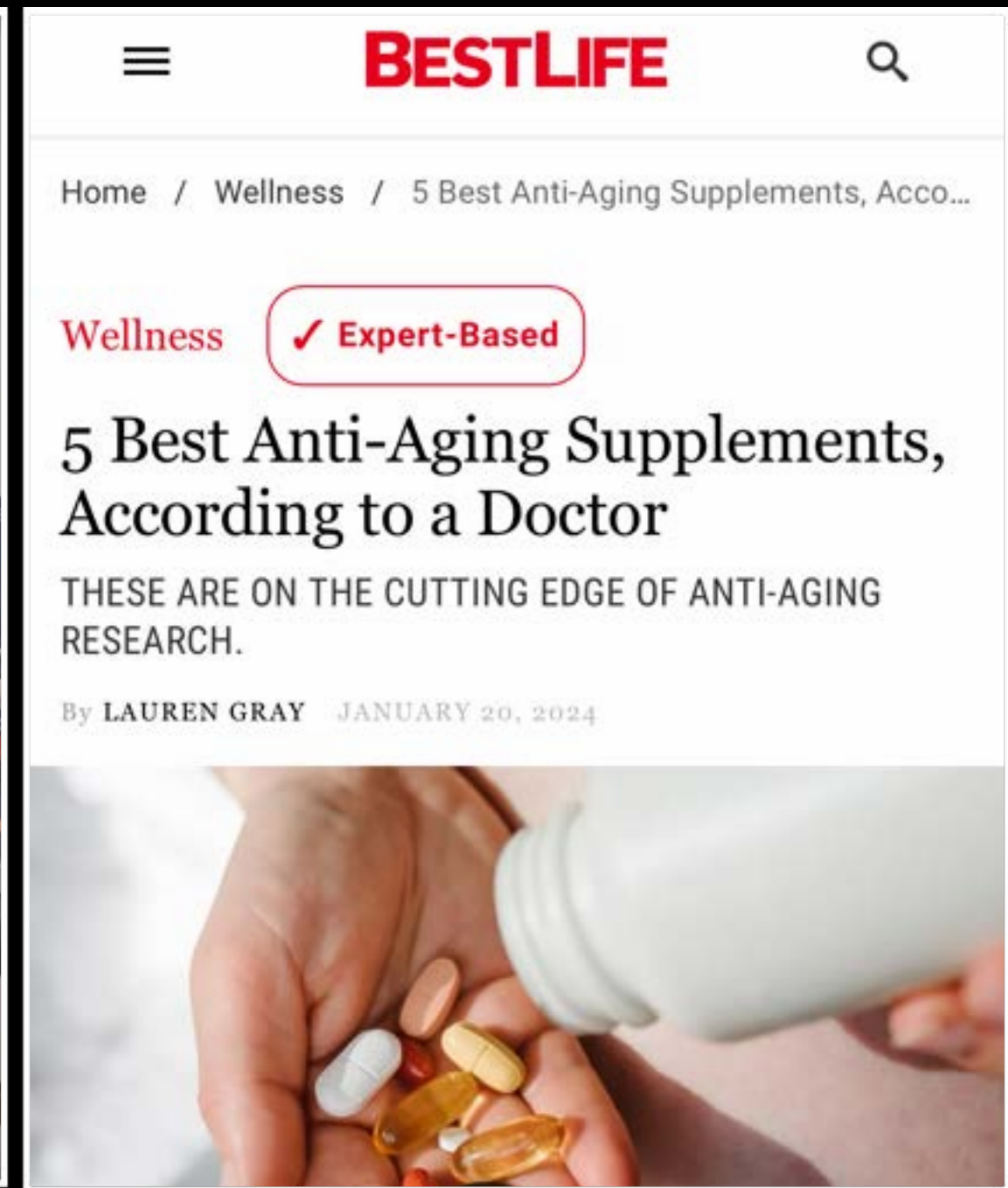
A REALITY COMPETITION

Our mission is more than just unlocking potential; it's about creating a synergy where science meets fun, collaboration meets innovation, and media amplifies impact. Doctor V is a fusion of authority, credibility, and infectious enthusiasm, backed by a brand that's both growing and energizing. Partnering with us isn't just collaboration; it's tapping into a powerful synergy that broadens reach and deepens transformation. With a unique blend of solid credentials and an engaging approach, we offer partners an unparalleled opportunity to connect, inspire, and achieve remarkable results together.

**NETFLIX: SQUID GAMES THE CHALLENGE**  
40M+ VIEWS | 224M+ HOURS WATCHED | 85M+ HOURS STREAMED







Leverage our network, podcast, and media platforms to reach millions globally, from celebrities to leading thought leaders, we get partners access + speed to market.

**WORK WITH DOCTOR V**

Brand endorsements & collaborations with global wellness organizations, representing products/services in ads, television, digital media, and live events.





## PUBLICATIONS - ELEVATE YOUR BRAND WITH DOCTOR V & DIGITAL MEDIA

Beyond his medical prowess, Doctor V is a multifaceted maverick. A renowned author, keynote speaker, and storyteller, he effortlessly connects with audiences worldwide. His ability to demystify complex medical concepts and make them accessible to everyone makes him a sought-after thought leader (**over 100+ articles published**).

He firmly believes in the power of education and equips individuals with the knowledge to take control of their health. His commitment to promoting wellness, prevention, and lifestyle medicine resonates with people worldwide.

**MEDIA.  
REACH.  
IMPACT.**

**130M+ UVPM**

**Forbes**

[What Is Biohacking And How Does It Work?](#)

**32M+ UVPM**

**BUSINESS  
INSIDER**

[Boost Your Longevity With 7 Habits](#)

**20M+ UVPM**

**P O P S U G A R .**

[Relieving Tension and Improving Sleep](#)

**20M+ UVPM**

**BuzzFeed**

[Better Sleep To Combat Sleep Disorders](#)

**14M+ UVPM**

 **Smithsonian**

[Red Dye No. 3 Food Additive Ban](#)





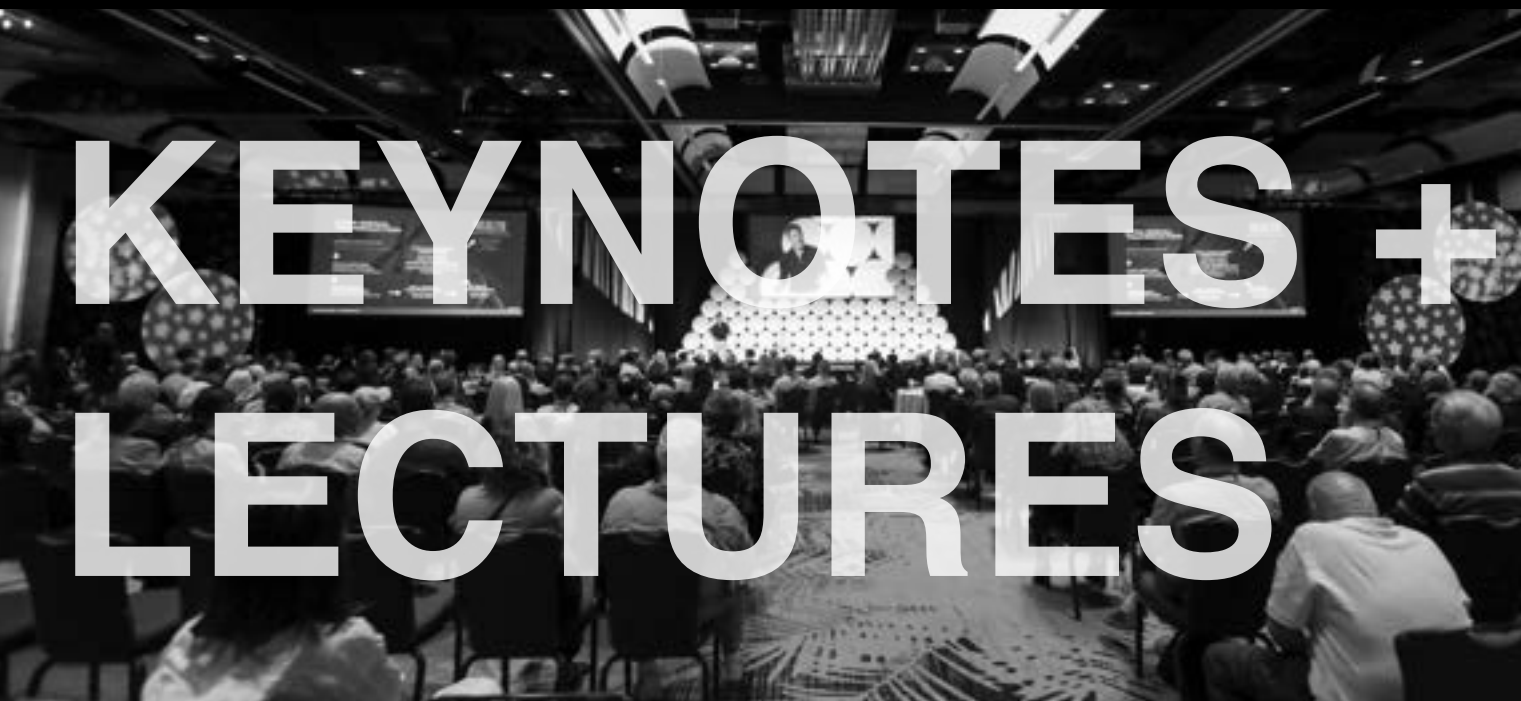
[TESTIMONIAL REEL  
CLICK HERE](#)

**“...actionable and useful health information.  
If you want to be fully inspired and laugh while  
learning, he’s your guy!”**

**DAVE ASPREY**

Father of Biohacking & 4x NYT Bestselling Author





# KEYNOTES + LECTURES



## BRAND DEALS + ENDORSEMENTS



# IMMERSION + WORKSHOPS



**WORK WITH US START NOW!**



# MEDIA



# PODCASTS



# PARTNERSHIPS







# DOCTOR V

COLLABORATING WITH LEADING EXPERTS IN WELLNESS  
TOGETHER, ELEVATING HUMAN POTENTIAL



CONTACT DOCTOR V  
KIEN VUU, MD

