

# *KIEN VUU, MD*

THE PERFORMANCE AND  
LONGEVITY DOCTOR



## *"DOCTOR V"*

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# LONGEVITY & PERFORMANCE PHYSICIAN/THOUGHT LEADER, BEST SELLING AUTHOR, KEYNOTE SPEAKER, AND MEDIA EXPERT

[WWW.KIENVUU.COM](http://WWW.KIENVUU.COM)

Coming to America as the only surviving infant on a refugee boat fleeing post-war Vietnam, Doctor V is no stranger to adversity. Once a minimally invasive surgeon who has overcome two chronic diseases, he is now a passionate health and human optimization champion and best-selling author of *Thrive State: Your Blueprint for Optimal Health, Longevity, and Peak Performance*. As one of the most sought-after performance and longevity physicians in the country, Dr. Vuu regularly works with celebrities, athletes, executives, and corporations to optimize their health, performance, and vitality. His mission is to empower people and organizations to reclaim their health and serve with fulfillment, abundance, and purpose. He enthusiastically shares his message on national TV shows such as *The Doctors* and *Access Hollywood*, keynote and corporate stages such as Whole Foods, Bank of America, JP Morgan, and others, as well as with the next generation of physicians as assistant clinical professor at UCLA.



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# BEST-SELLING AUTHOR



*"Open, honest, scientifically-backed health information from a physician who walks his talk. Thrive State provides a step-by-step guide to longevity and peak performance that anyone can utilize to live their best life."*

**~Shawn Stevenson**

Bestselling author of Sleep Smarter and Eat Smarter

*"Dr. Vuu really knows his stuff. Thrive State is actionable and full of useful health information. If you want to be fully inspired and laugh while learning, he's your guy!"*

**~Dave Asprey**

Father of Biohacking and 4x New York Times Best Selling Author

*"A must read. Thrive State is an empowering framework that reminds us We Are Our Best Medicine."*

**~ Keith Ferrazi**

2x New York Times bestselling author and Global Thought Leader

[THRIVESTATEBOOK.COM](http://THRIVESTATEBOOK.COM)

# BRAND PARTNERSHIPS



Doctor V is a trusted celebrity authority in the wellness space having appeared on national TV shows such as Access Hollywood and the Doctors, international wellness keynote speaker, and assistant clinical professor at UCLA.

He blends his credibility as triple board certified MD, his empowering story of overcoming poverty and disease, and his talent in the entertainment and media space to work with brands and organizations to elevate their content and impact to a wider audience.

Doctor V has worked with brands like Bulletproof, Upgrade Labs, ProLon FMD, Mindbodygreen, Whole Foods, Livon Labs, and many others as a spokesperson on social media, commercial/ads, TV segments, podcasts, keynotes, community engagement, book signings, and live events.

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# KEYNOTE SPEAKER

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